



****News Release****

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New Yoga Center Cornerstone of Alternative Elementary *Named After Local Grosvenor Family Foundation*

San Diego – The local charitable organization that has given hundreds of thousands of dollars to worthy San Diego causes now has a children’s yoga center as a namesake. The Grosvenor Family Foundation contributed \$60,000 over three years to the Integral Elementary School, and the innovative elementary is dedicating its new school Yoga Center to the foundation.

On June 7, 2007 Integral Elementary will unveil the Grosvenor Annex, at 3:30 p.m. The Grosvenor family will be on hand to witness the event as students from the school demonstrate yoga and their cutting-edge Awareness Through the Body (ATB) program, and school leaders explain the value of yoga and other unconventional studies to attendees.

"We are delighted to call Craigar Grosvenor one of our biggest supporters," said Prapanna Smith, founder and principal of Integral Elementary School. "Craigar and his family have helped both our schools - Rainbow Kids Integral Preschool and Integral Elementary School – get off to wonderful starts, and it is only fitting to name our splendid children’s yoga center after them."

The Integral method, which originated at the Sri Aurobindo International Centre for Education (SAICE) in India, is described as not just teaching, but creating lifelong learners. According to Smith, the United States’ current educational system is obsessed with test scores and this obsession is actually making it more difficult for children to learn. After teaching for a number of years in California public schools, Smith visited India where he saw a vastly different educational system at work.

Inspired by that visit, Smith has been successfully running Rainbow Kids Integral Prechool, in San Diego, since 2002. The recently opened Integral Elementary School of La Jolla serves students from Kindergarten to 6th grade.

While still following the California State Standards, an Integral Education allows students to create, with the help of teachers and parents, a learning plan that also focuses on their individual strengths and interests. This allows students to experience a stronger sense of self-worth and joy in the learning process. The school uses nontraditional approaches and assessments to let children demonstrate what they know in real-world situations. It also utilizes multiage and interdisciplinary groupings so that the students can learn from, and help teach, each other. Integral Education focuses on the process of learning, developing concentration, and critical and analytical thinking skills.

Integral Elementary boasts an 11:1 student to teacher ratio. In addition to traditional academics, students also focus on the arts, sciences, meditation skills, and physical education, including yoga for children. More information can be found at www.IntegralElementary.com or by calling (858) 450-4321.